

UNIT 484

HAPPENINGS

Meetings are held on the 2nd Tuesday of the Month

AUGUST 2023

Happy August!

What happened to our summer? It's going too fast.

In August parents begin planning for their children to go back to school, and in many instances the tension builds. I recall receiving the school district's list of supplies needed for each child to start off the year and some lists would take your breath away.

If you've lived in our neighborhood long enough, Kmart was our favorite place to go and gather all our needs. As with many others, these favorite brick and mortars have closed and now the options are limited. In many instances timing is key for those that live paycheck to paycheck. With limited stores to shop, the old saying; "the early bird gets the worm" seems to resonate when school shopping. The store shelves empty quickly and if you're waiting for that next paycheck, it's a challenge to find what you need.

This is where our Children & Youth program, lead by Sandy Pennington, becomes so important. Our donations ensure children are ready to go back to school with everything needed for a successful start. Many of us work from home with lots of unused supplies. As you look around your office or shop for groceries and sundry items, please pick up any school supply item that will help our local children start the new school year on a positive note. Even something as simple as a pack of socks will help.

If you're unable to bring supplies in, please call me (# below) and I'll be happy to pick them up.

Thank you for your help with this important project.

Enjoy the remainder of your summer!

Cindy E Zimmerman

513-505-0327



BREAKFAST BUFFET

September 10 – 9am- Noon

TBD

VA & R

Liz Castle 513-232-5648

Unfortunately, there have been no changes at the Cincinnati VAMC with regards to allowing any groups to visit the facility. We are all hoping that the current restrictions will be lifted soon. I know that I have said this before, but someday soon we will be able to visit.

COMMUNITY SERVICE

Liz Castle 232-5648

If anyone participates in a walk or run for a charity, please let me know. We would like to donate to the charity you are helping.

Please remember to "Pull Together" for the Ronald McDonald House of Greater Cincinnati. Save your pull tabs (drink cans, pet food cans, food cans, etc.) and bring them to our meetings and I will get them from you and take them to the Ronald McDonald House. They raise thousands of dollars every year to help keep critically ill children and their families together.



QUARTER AUCTION Vicki Monroe 231--3572

Unfortunately, we have had to cancel our last 2 Quarter Auctions - one due to the resurfacing of our parking lot and one due to illness. We will be back in August!!! Mark your calendars for August 17th. Doors open at 6:00 and the Auction begins at 7:00. We have lots of great vendors with lots of great items up for bid. The Auxiliary also has items for bid. Have your dinner with us from That Guy's BBQ. They have lots of menu items for you to choose from. Come on down for a great time and help support the American Legion Auxiliary.

MEMBERSHIP

Vicki Monroe 513-231-3572

We are coming along. Thank you to everyone who has paid their dues. If you have not, please take a minute to send in your dues to me or you can pay online.



AMERICANISM

Vicki Monroe 231-3572



There is a special election on August 8th that concerns the constitution of the state of Ohio. Make sure you cast your vote!!!!

BUCKEYE GIRLS STATE DINNER

We had 6 wonderful girls that we sent to Buckeye Girls State and 6 boys that attended Buckeye Boys State. We will be having a dinner on September 10th to celebrate their accomplishments. The dinner is FREE and will start at 5:00. I encourage you to please come and hear from our future. Please call me with your reservation so that we have enough food.

Welcome to The Inspiration Box!



Sandy Pennington.

513-231-6697

"The essence of patriotism is the sacrifice of personal interest to the public welfare." (I am attributing this quote to Major General Wm. P. Burnham, a United States Army officer during World War I, whose 82nd Division later became the 82nd Airborne Division: please forgive my error if I this quote is incorrect.)

"The family is one of nature's masterpieces," from George Santayana, author.

AMERICAN LEGION RIDERS

SAVE THE DATE

Debbie Holden

September 23, 2023, the Riders are having a dance featuring. Open to the public - all are welcome. \$10 a person.





EDUCATION Sandy Pennington. 513-231-6697

School starts in some areas this month!



**CHILDREN AND YOUTH
Sandy Pennington**

I contacted the Mt. Washington Recreation Center a few weeks ago- and am happy to report that they serve lunch daily there to any hungry kids from 12 noon to 12:30. I was following up on concerns about food insecurity during the summer months as many students count on their daily school lunch for sustenance, so good news on that front!

Other than that, we will be collecting school supplies at our August and September meetings: this can be composition books, pencils, pens and pretty much anything you see in the back-to-school aisles at Walmart and Target. Other than that, just a note about the incredible lazy and HAZY days of summer we've been having here in Cincinnati! We've all been cautioned to be extra careful during the days the smoky haze is hanging around town due to the Canadian wildfires- but another issue we also need to be cognizant of is the need stay HYDRATED. Soft drinks don't usually quench thirst and they are expensive, loaded with sugar, and lots of calories, so consider some other choices out there! The old standby is of course good old H2O - but some coffees, teas, and fruit and vegetable juices are also alternatives. As many of you know, when you walk through the grocery aisle for things to drink, it's a bit crazy out there! Every flavor, color, sports drink, etc. is inviting you to take a sip- and not all of them are good for us, and that goes double for our children too. Some are loaded with caffeine amounts not recommended for youngsters, or even teens; some are very high in sugar, and still- they promise to be "good" for you even when they are vitamin enhanced. But- shopper beware! Just be sure to check out those labels stating the contents of that bottle or can. That way you really can quench your thirst and feel good about it too!



CRAFT BOUTIQUE Vicki Monroe 513-231-3572

Our 36th Annual Craft Boutique will be on Saturday, October 21st. We hope you will put it on your calendar and invite all of your friends, relatives, and neighbors to come down and see the items for sale by a wide variety of crafters. If you have anyone who would like to participate, please contact me. Our Unit will be having a Bake Sale and we would appreciate any donations you may be willing to give us. Arlene Potter and Jackie Ruzsa will be chairing the Sale. We will also be having a Basket Raffle. If you can donate any new baking or cooking items, please let Arlene Potter know. You can bring them to the September or October meeting. Liz, Debbie, and Tricia will be manning the kitchen, offering great lunch options.

LEGISLATION

Carol Reyman creyman44@ymail.com

Ohio Special Election: Tuesday August 8, 2023

Over the past months, members were urged to become more knowledgeable about National, State and Local proposed legislation. As previously mentioned, all legislation affects every member Your VOTE counts. Your VOTE has long term effects.

In that regard, all members are urged to VOTE in the upcoming OHIO Special Election on Tuesday August 8, 2023.

This Special Election affects all future Ohio legislation.

POPPY

Debbie Holden 513-400-7485

On behalf of the poppy committee, Liz Castle played a number game at the July meeting. The winners were: Arlene Potter and Karol Monroe. They each won a set of patriotic gnomes. Congrats!



CHAPLAIN

Karol Monroe 513-384-2351

Pat Benken has been in the hospital, as of this bulletin, they have discovered a mass on her ovary. Please pray for her.

Terri Crosswait was in the hospital again with pneumonia. Continued prayers are asked for.

Ellen Bruns has been very ill for a long time. She is home bound, and bed ridden. Ellen is the niece of Vicki Monroe and step cousin to Karol Monroe as well as a member of the unit. Please pray for Ellen since her illness is not reversible.

As of today, Gaynell Homan has two more chemotherapy sessions and tests have been showing good results, please praise God for this and continue to pray for her success in beating cancer. This is the second round of cancer that Gaynell is fighting.

Please be careful this summer, the heat can cause heat strokes and other problems if you aren't hydrated.

Remember that if you are sick or know of a member who is sick, in the hospital, or lost someone close please let us know. You can call or text me. You can also send an email at karol.monroe@aol.com. You can call my house phone as well: (513)401-6759. I am always available.

As always, please pray for each other and yourselves, our nation, veterans, active military and community,

Let us pray:

Father, thank you for the men and women who serve our country. Keep them safe and bring them home.

Help us to stay healthy during the hottest days of the summer.

Help those who have been hurting, sick or in need of Your loving arms. Give us all peace and wisdom as we continue on with our daily lives.

In Your name we pray, Amen



DATES TO REMEMBER

AUGUST EVENTS

- 2 – Executive Board Meeting 6-7 pm
- 8 - Elections
- 9 - Regular meeting – Social at 7pm mtg 7:30
- 17 - Quarter Auction 6:00 – 7:00 Auction begins.



AUGUST BIRTHDATES

- 4 - Katherine Cramerding
- 8 - Mavis Briede
- 11 - Christine Ruzsa Duncan
- 13 - Sue Barnard
- 19 - Christy Stiles
- 22 - Doris Holton
- 28 - Anna Geis



AUGUST ANNIVERSARIES

- 3 - JoAnne & Fred Wolfinger
- 7 - JoAnne & David McDonald
- 27 - Rose & William Davin
- 29 - Joan & Chester Davis

**NOTE FROM THE EDITOR
PAM YOUNG 232-5084**

Please send articles or information to pjyoung@fuse.net before the 15th of the month. Please continue to send email addresses or updates to Jackie at jmederruzsa@ERSLIFE.ORG or call her at 474-6710.

Thanks to everyone for sending articles for the newsletter